



Domestic Sex Goddess

By Kate Taylor



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A practical guide for couples whose relationship has become tepid.

Here is realistic advice for busy couples that long for the intimacy and sexual pleasures they once knew but now can't find time for. Kate Taylor prescribes novelty and spontaneity and gives realistic solutions to the many challenges couples face. She explains the different needs of each partner and suggests how they can work together to the benefit of both.

More than 50 evocative color photographs of a real-life couple and dozens of artworks illustrate each technique. Quizzes and other interactive elements engage readers. Other information Taylor features includes:

- The importance of romance and foreplay
- Instant-gratification activities to please both him and her
- Learning to flirt
- Sexual positions for every room of the house and even outside
- New sexual techniques.

Domestic Sex Goddess is a gentle, sometimes humorous but always very useful guide to reigniting passion in a long-term relationship.

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Editorial Review

About the Author

Kate Taylor is a sex expert who wrote the "Sex Life" column for *GQ* from 1998 to 2002, when it was voted Best Page in *GQ* every year by readers. She is the author of four other books and is a regular contributor to radio and TV programs.

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Introduction

Having it all and having it off

Don't you just hate sex books? They sit there on the shelves in their pinky-purple packaging, smugly promising your relationship will be bed breakingly passionate and fake-strokingly intimate if you'd just light a ylang-ylang candle, shove your kids away for the weekend, and learn to do something complicated and vaguely Eastern-sounding with a banana, a rubber sheet, and a length of inner tube.

You get enthused with the idea, and happily show the book to your partner. He gets enthused, too, and lies back waiting for you to fill his body with ecstasy. Afterward, he drifts off to sleep while you strip the banana-splatted sheets off the bed, pick up the kids from your parents' house, and book an appointment to get the inner tube surgically removed. Worst of all, none of the promised intimacy has appeared. Instead, you've just set yourself another chore on your never-ending to-do list: "Be incredible in bed every night."

To my shame, I have written three of those kinds of sex books in the past. In my time as sex columnist, I've invented a million different ways to do the deed. When I was a single sex writer, I couldn't understand why women would ever try to get out of having sex if it were available to them. I thought sex would be amazing if only we could concentrate on being more inventive and spontaneous, and use a few props.

And then I got married.

And then I had two kids.

Now I find the only way that most sex books could improve my nighttime pleasure is by barricading my five-year-old into his own room so he doesn't come into our bed every night. The bananas? Fed to my toddler. The rubber sheet? On my oldest son's bed. The inner tube? Used to repair the wading pool. Sex books never make more than a passing reference to the problems faced by long-term couples, yet it's these couples who most need advice. New lovers have the advantage in bed, as a lot of sex's enjoyment comes from novelty and spontaneity. But when you've been together so long that you know every inch of your partner's body and all five of his Best Bedroom Moves, how can you get back that loving feeling or sense of blissful discovery? When you have to get up at 6 o'clock every morning to get the kids off to school, how can you face beginning a sexual technique that you know will take two hours to complete and use up all your tissues? And how can you look at baby oil as anything erotic, when you've actually started using it on your baby?

This is where this book comes in. It's a sex book for couples in long-term relationships, with or without

children. It's for couples who adore each other, but have understandably felt the bloom go off their bedroom. It's for couples who would like new ideas to take to bed that bring back the initial excitement but don't require days of planning or other people, and who want real-life sex tips they can fit in around a busy day and eight hours of sleep at night.

It will help both of you, but I'm mainly writing for women, because it's women who can suffer more under the weight of a sex-free relationship, or one that's lacking in intimacy. When we have sex, we release a powerful hormone called oxytocin that can bond us to our partner. It's the same hormone we release when we have a baby. In long-term, settled love affairs, we need this oxytocin, and lots of it, to keep us attached to our mate.

Are you awash with it? Are you happily bonded to -- and getting it on with -- your man, or so unattached you're in danger of falling apart from him? To find out, take my quiz.

Are you a Domestic Sex Goddess

1 Have you ever faked a headache?

- a) No! If anything, I have a higher sex drive than my partner.
- b) Once or twice, but only in dire -- and exceptional -- circumstances.
- c) Put it this way, my man's urging me to go for a cranial MRI scan.

2 Do you feel on top of things both at home and in your relationship?

- a) Very often, I am on top of my man.
- b) I feel on top of the housework -- but sex, not so much.
- c) I feel I'm on top of a cliff, considering jumping.

3 How do you feel when you meet your man at the end of the day?

- a) Excited and aroused.
- b) Serene and calm.
- c) Annoyed -- he didn't get my note telling him not to bother coming back.

4 How often do the pair of you have sex?

- a) Once or twice a week.
- b) Once or twice a month.
- c) Once or twice a year -- birthdays and Christmas.

5 Does he buy you romantic presents?

- a) He buys sexy underwear for me.
- b) He buys me jewelry and flowers.
- c) He buys me household gadgets, household appliances, and things he wants. So, in short, no.

Scores on the bedroom doors

Mostly A: *Sex Goddess*

You and your man have a passionate relationship, but might be lacking in intimacy. While he might be keen to get to grips with your naked body, the contents of your brain remain unravaged.

What you'll get from this book: Suggestions of ways you can get closer outside the bedroom. Sex might be the glue that holds relationships together, but you'll want to be able to talk to him in the times you're not clutching his manhood. This book will help you do that.

Mostly B: *Cherished Goddess*

You are serene at home because you feel in control. You run the house well, but might be in danger of mothering your man. While it's good to run your home efficiently, keeping tabs on your guy might make him feel controlled and itch for some freedom.

What you'll get from this book: A way to maintain an air of lofty distance from your fella. If the thought of that frightens you, it's a sign you need to read on. The best long-term relationships aren't about living in each others' pockets.

Mostly C: *God Help You*

Oops. It's all gone belly-up -- which is probably the position you lie in when you have your annual shag. Feelings of resentment have built up between you and your man, meaning that neither of you goes out of their way to please the other. Sexy? Nope. But don't worry, things can improve, and rapidly.

What you'll get from this book: A way to wipe the slate clean and start again. This book will change your attitude, giving you the tools to create a new relationship out of the wreckage of the old one. You'll find a million ways to enjoy lusty, thrilling sex with your man, and manage the house at the same time.

Users Review

From reader reviews:

Araceli Burns:

This Domestic Sex Goddess usually are reliable for you who want to be considered a successful person, why. The reason why of this Domestic Sex Goddess can be one of the great books you must have is actually giving you more than just simple reading food but feed you with information that might be will shock your before knowledge. This book is actually handy, you can bring it everywhere and whenever your conditions at e-book and printed versions. Beside that this Domestic Sex Goddess forcing you to have an enormous of experience like rich vocabulary, giving you demo of critical thinking that we realize it useful in your day task. So , let's have it and luxuriate in reading.

Wayne Sutphin:

Often the book Domestic Sex Goddess has a lot details on it. So when you check out this book you can get a lot of help. The book was authored by the very famous author. Tom makes some research previous to write this book. That book very easy to read you may get the point easily after perusing this book.

James Baker:

In this time globalization it is important to someone to acquire information. The information will make professionals understand the condition of the world. The fitness of the world makes the information simpler to share. You can find a lot of sources to get information example: internet, classifieds, book, and soon. You can view that now, a lot of publisher this print many kinds of book. Often the book that recommended for you is Domestic Sex Goddess this book consist a lot of the information with the condition of this world now. This specific book was represented just how can the world has grown up. The words styles that writer value to explain it is easy to understand. Often the writer made some analysis when he makes this book. That's why this book appropriate all of you.

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