



## The Psychotherapy of Wholeness: A Comparison of Redecision Therapy and Ignatian Spiritual Exercises

By Linda Harper Carmicle Ph.D., Elizabeth Taylor Moulin M.A.



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This book is primarily for mental health professionals and pastoral counselors. It integrates selected psychological theories with spiritual exercises.

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### **Editorial Review**

#### About the Author

Linda Harper Carmicle, Ph. D. is a published author with over 35 years experience as an inspirational speaker, trainer, and psychotherapist. Elizabeth Taylor Moulin, is a published author with over 32 years experience as a therapist, spiritual director, and retreat director.

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