

Life, Paint and Passion: Reclaiming the Magic of Spontaneous

By Michele Cassou, Stewart Cubley



Life, Paint and Passion: Reclaiming the Magic of Spontaneous By Michele Cassou, Stewart Cubley

Life, Paint And Passion is a deeply involving approach to using the creative process as a tool for self-discovery. With vibrant and contagious enthusiasm, the authors liberate the reader's urge to create freely and spontaneously, as a painter or an artist in another medium, purely for the process of exploration, not for result.

With eloquence and simplicity, the authors encourage the reader to journey inward toward his or her authentic self and discover the unique intuition awaiting there. It is this intuition that provides all the tools the reader needs to crumble the barrier between the innermost self and its uncensored manifestation.

Through lively interviews with students, the authors explore painting as a practice that facilitates the ecstasy of unfettered expression. With simple brushes, a few dishes of paint, and this book, the reader will be able to coax the hidden self out of the heart and onto a paper.

Life, Paint And Passion is the result of nearly thirty years of intensive work with the painting process. It provides powerful insights into the act of creation, a solid base for facing and transcending creative blocks, and brings fresh perceptions and healing to life.



Read Online Life, Paint and Passion: Reclaiming the Magic of ...pdf

Life, Paint and Passion: Reclaiming the Magic of Spontaneous

By Michele Cassou, Stewart Cubley

Life, Paint and Passion: Reclaiming the Magic of Spontaneous By Michele Cassou, Stewart Cubley

Life, Paint And Passion is a deeply involving approach to using the creative process as a tool for self-discovery. With vibrant and contagious enthusiasm, the authors liberate the reader's urge to create freely and spontaneously, as a painter or an artist in another medium, purely for the process of exploration, not for result.

With eloquence and simplicity, the authors encourage the reader to journey inward toward his or her authentic self and discover the unique intuition awaiting there. It is this intuition that provides all the tools the reader needs to crumble the barrier between the innermost self and its uncensored manifestation.

Through lively interviews with students, the authors explore painting as a practice that facilitates the ecstasy of unfettered expression. With simple brushes, a few dishes of paint, and this book, the reader will be able to coax the hidden self out of the heart and onto a paper.

Life, Paint And Passion is the result of nearly thirty years of intensive work with the painting process. It provides powerful insights into the act of creation, a solid base for facing and transcending creative blocks, and brings fresh perceptions and healing to life.

Life, Paint and Passion: Reclaiming the Magic of Spontaneous By Michele Cassou, Stewart Cubley Bibliography

• Sales Rank: #311429 in Books

Brand: Tarcher
Published on: 1996-01-03
Released on: 1996-01-03
Original language: English

• Number of items: 1

• Dimensions: 9.00" h x .64" w x 6.98" l, .99 pounds

• Binding: Paperback

• 224 pages

▶ Download Life, Paint and Passion: Reclaiming the Magic of S ...pdf

Read Online Life, Paint and Passion: Reclaiming the Magic of ...pdf

Download and Read Free Online Life, Paint and Passion: Reclaiming the Magic of Spontaneous By Michele Cassou, Stewart Cubley

Editorial Review

About the Author

Michele Cassou was born and raised in southern France. As a young adult she moved to Paris where she studied law, literature, and art. Inspired by watching children paint, she discovered a way to express herself spontaneously and without need for conventional training. By her early twenties painting had become her fulltime passion. A unique approach to creativity grew out of her many years of "just painting for herself" and her intense desire to share her work led her to work with other people and to lead groups in the creative process. In 1976 she founded the Painting Experience Studio in San Francisco where she has touched many people's lives through ongoing classes and workshops, as well as in centers throughout the United States. She continues to paint and teach in the San Francisco Bay area.

Users Review

From reader reviews:

Paul Anderson:

As people who live in the modest era should be change about what going on or facts even knowledge to make these people keep up with the era which can be always change and advance. Some of you maybe can update themselves by studying books. It is a good choice for you personally but the problems coming to you is you don't know what kind you should start with. This Life, Paint and Passion: Reclaiming the Magic of Spontaneous is our recommendation to make you keep up with the world. Why, because book serves what you want and need in this era.

Sharon Keller:

Your reading 6th sense will not betray you, why because this Life, Paint and Passion: Reclaiming the Magic of Spontaneous reserve written by well-known writer we are excited for well how to make book that can be understand by anyone who have read the book. Written inside good manner for you, still dripping wet every ideas and creating skill only for eliminate your current hunger then you still hesitation Life, Paint and Passion: Reclaiming the Magic of Spontaneous as good book not just by the cover but also by content. This is one guide that can break don't determine book by its cover, so do you still needing one more sixth sense to pick that!? Oh come on your reading sixth sense already told you so why you have to listening to one more sixth sense.

Betty Peoples:

Reading a book for being new life style in this season; every people loves to read a book. When you read a book you can get a lot of benefit. When you read books, you can improve your knowledge, simply because book has a lot of information upon it. The information that you will get depend on what types of book that you have read. If you would like get information about your analysis, you can read education books, but if you act like you want to entertain yourself look for a fiction books, this kind of us novel, comics, as well as

soon. The Life, Paint and Passion: Reclaiming the Magic of Spontaneous offer you a new experience in examining a book.

Jon Fuselier:

This Life, Paint and Passion: Reclaiming the Magic of Spontaneous is new way for you who has curiosity to look for some information as it relief your hunger info. Getting deeper you on it getting knowledge more you know or perhaps you who still having little bit of digest in reading this Life, Paint and Passion: Reclaiming the Magic of Spontaneous can be the light food for you because the information inside this kind of book is easy to get by means of anyone. These books build itself in the form which is reachable by anyone, sure I mean in the e-book application form. People who think that in reserve form make them feel tired even dizzy this book is the answer. So there is no in reading a reserve especially this one. You can find what you are looking for. It should be here for a person. So , don't miss the item! Just read this e-book style for your better life along with knowledge.

Download and Read Online Life, Paint and Passion: Reclaiming the Magic of Spontaneous By Michele Cassou, Stewart Cubley #YX0CVS5QMRG

Read Life, Paint and Passion: Reclaiming the Magic of Spontaneous By Michele Cassou, Stewart Cubley for online ebook

Life, Paint and Passion: Reclaiming the Magic of Spontaneous By Michele Cassou, Stewart Cubley Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Life, Paint and Passion: Reclaiming the Magic of Spontaneous By Michele Cassou, Stewart Cubley books to read online.

Online Life, Paint and Passion: Reclaiming the Magic of Spontaneous By Michele Cassou, Stewart Cubley ebook PDF download

Life, Paint and Passion: Reclaiming the Magic of Spontaneous By Michele Cassou, Stewart Cubley Doc

Life, Paint and Passion: Reclaiming the Magic of Spontaneous By Michele Cassou, Stewart Cubley Mobipocket

Life, Paint and Passion: Reclaiming the Magic of Spontaneous By Michele Cassou, Stewart Cubley EPub