



## Alternate Route: One man's journey through the fog of PTSD

By Ray LePoidevin



**Alternate Route: One man's journey through the fog of PTSD** By Ray LePoidevin

Alternate Route follows Ray, who as a young Theology student drafted into the Army and sent to Vietnam a combat soldier, experiences firsthand the horrors of battle. It tells how his concepts of Christianity and God, everything he learned as a child, were challenged by the trauma he endured. Here is a candid account of a young man returning from the battlefield erroneously thinking he could simply resume life, as he knew it before combat. Living in denial of posttraumatic stress disorder Ray takes you on a journey filled with dead ends, and unfulfilled dreams. Recognizing a person is more than just mind and body, the account tells of his struggle with spiritual issues of faith, hope, and love. In a desperate attempt to find meaning for a life he believed was miraculously spared, he visits the Vietnam memorial wall. This trip changes the course of his life and he finds an alternate route to a life filled with hope.

 [Download Alternate Route: One man's journey through th ...pdf](#)

 [Read Online Alternate Route: One man's journey through ...pdf](#)

# Alternate Route: One man's journey through the fog of PTSD

*By Ray LePoidevin*

## **Alternate Route: One man's journey through the fog of PTSD** By Ray LePoidevin

Alternate Route follows Ray, who as a young Theology student drafted into the Army and sent to Vietnam a combat soldier, experiences firsthand the horrors of battle. It tells how his concepts of Christianity and God, everything he learned as a child, were challenged by the trauma he endured. Here is a candid account of a young man returning from the battlefield erroneously thinking he could simply resume life, as he knew it before combat. Living in denial of posttraumatic stress disorder Ray takes you on a journey filled with dead ends, and unfulfilled dreams. Recognizing a person is more than just mind and body, the account tells of his struggle with spiritual issues of faith, hope, and love. In a desperate attempt to find meaning for a life he believed was miraculously spared, he visits the Vietnam memorial wall. This trip changes the course of his life and he finds an alternate route to a life filled with hope.

## **Alternate Route: One man's journey through the fog of PTSD** By Ray LePoidevin Bibliography

- Sales Rank: #4429101 in Books
- Published on: 2013-03-04
- Original language: English
- Number of items: 1
- Dimensions: 8.00" h x .46" w x 5.00" l, .45 pounds
- Binding: Paperback
- 200 pages

 [Download Alternate Route: One man's journey through th ...pdf](#)

 [Read Online Alternate Route: One man's journey through ...pdf](#)

## **Download and Read Free Online Alternate Route: One man's journey through the fog of PTSD By Ray LePoidevin**

---

### **Editorial Review**

#### About the Author

Ray LePoidevin lives in Carson, WA. with his lovely wife of 40+ years and their mixed-breed dog Chowder, whom he hates to love (but can't pull it off). Ray now serves as a Chaplain for Hamilton Creek Christian Community Center in nearby North Bonneville. Together they are enjoying their children who have blessed them with fourteen grandchildren, but who's counting.

### **Users Review**

#### **From reader reviews:**

##### **Raymond Custer:**

Within other case, little individuals like to read book Alternate Route: One man's journey through the fog of PTSD. You can choose the best book if you like reading a book. As long as we know about how is important some sort of book Alternate Route: One man's journey through the fog of PTSD. You can add know-how and of course you can around the world by just a book. Absolutely right, mainly because from book you can realize everything! From your country right up until foreign or abroad you can be known. About simple matter until wonderful thing you are able to know that. In this era, you can open a book or perhaps searching by internet system. It is called e-book. You should use it when you feel uninterested to go to the library. Let's examine.

##### **Tammy Crider:**

You can spend your free time to study this book this e-book. This Alternate Route: One man's journey through the fog of PTSD is simple to deliver you can read it in the recreation area, in the beach, train along with soon. If you did not have got much space to bring the printed book, you can buy typically the e-book. It is make you much easier to read it. You can save the book in your smart phone. And so there are a lot of benefits that you will get when one buys this book.

##### **Bettina Cutler:**

Don't be worry when you are afraid that this book will certainly filled the space in your house, you can have it in e-book means, more simple and reachable. That Alternate Route: One man's journey through the fog of PTSD can give you a lot of pals because by you checking out this one book you have point that they don't and make an individual more like an interesting person. That book can be one of a step for you to get success. This guide offer you information that might be your friend doesn't recognize, by knowing more than some other make you to be great men and women. So , why hesitate? Let me have Alternate Route: One man's journey through the fog of PTSD.

**Tim Andrus:**

That reserve can make you to feel relax. This book Alternate Route: One man's journey through the fog of PTSD was colourful and of course has pictures around. As we know that book Alternate Route: One man's journey through the fog of PTSD has many kinds or style. Start from kids until young adults. For example Naruto or Investigation company Conan you can read and think you are the character on there. So , not at all of book are usually make you bored, any it makes you feel happy, fun and chill out. Try to choose the best book to suit your needs and try to like reading that.

**Download and Read Online Alternate Route: One man's journey through the fog of PTSD By Ray LePoidevin #UGQ6RDKVAXY**

## **Read Alternate Route: One man's journey through the fog of PTSD By Ray LePoidevin for online ebook**

Alternate Route: One man's journey through the fog of PTSD By Ray LePoidevin Free PDF download, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Alternate Route: One man's journey through the fog of PTSD By Ray LePoidevin books to read online.

### **Online Alternate Route: One man's journey through the fog of PTSD By Ray LePoidevin ebook PDF download**

**Alternate Route: One man's journey through the fog of PTSD By Ray LePoidevin Doc**

**Alternate Route: One man's journey through the fog of PTSD By Ray LePoidevin Mobipocket**

**Alternate Route: One man's journey through the fog of PTSD By Ray LePoidevin EPub**