



Trauma: A Practitioner's Guide to Counselling

From Routledge



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In recent years a number of high-profile disasters have heightened public awareness of the impact of trauma. This book offers a comprehensive guide to all aspects of trauma counselling, covering:

- * trauma assessment
- * resourcing the trauma client
- * trauma aftercare
- * working with trauma in private practice
- * trauma and the therapist
- * a brief history of trauma.

This practical and effective guide to trauma counselling will be invaluable to counsellors, GPs, social workers, human resource managers, emergency response organisations and all those involved in treating trauma victims using counselling skills.

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Editorial Review

Review

"This is an edited collection of chapters on assessment and treatment of PTSD written by London-based counselors who have extensive experience with victims of trauma.

The editor hopes to provide a book that addresses more than cognitive and verbal practice in working with clients with PTSD with the aim of integrating mind, body, and spirit.

Based on the topic, the book seems directed to a mixed audience, ranging from those who provide immediate debriefing and assessment of trauma victims to those who do more long-term therapy.

One of the most contributions of this book is its concerns and directives about what not to do to the client, with a primary focus on re-establishing trust and connection for the person for whom this has been lost. Examples of careful practicing help illustrate this message."

-

Patricia E. Murphy, PhD Rush Presbyterian-St. Luke's Medical Center

About the Author

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Users Review

From reader reviews:

Lisa Morgan:

Here thing why this Trauma: A Practitioner's Guide to Counselling are different and reputable to be yours. First of all examining a book is good but it depends in the content from it which is the content is as yummy as food or not. Trauma: A Practitioner's Guide to Counselling giving you information deeper since different ways, you can find any book out there but there is no publication that similar with Trauma: A Practitioner's Guide to Counselling. It gives you thrill reading journey, its open up your eyes about the thing which happened in the world which is perhaps can be happened around you. You can bring everywhere like in recreation area, café, or even in your approach home by train. In case you are having difficulties in bringing the paper book maybe the form of Trauma: A Practitioner's Guide to Counselling in e-book can be your option.

Deborah Martins:

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Laurence Asher:

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Phillip Martin:

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