



The Endo Patient's Survival Guide: A Patient's Guide to Endometriosis & Chronic Pelvic Pain

By Andrew S. Cook MD FACOG, Libby Hopton MS, Danielle Cook MS RD CDE



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The Endo Survival Guide is the patient's essential companion to living with and overcoming endometriosis and pelvic pain: from seeking help and getting an initial diagnosis, to navigating treatment options, and achieving optimal relief and wellness.

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- Sales Rank: #62952 in Books
- Published on: 2015-07-14
- Original language: English
- Number of items: 1
- Dimensions: 10.90" h x .30" w x 8.40" l, .65 pounds
- Binding: Paperback
- 80 pages

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Editorial Review

About the Author

Andrew S. Cook MD, FACOG, founder and medical director of Vital Health Institute, in Los Gatos, California, is an internationally recognized women's health expert who has devoted his professional life to helping women with complex health problems. A renowned gynecologic surgeon, he is a leader in minimally invasive surgical techniques and a pioneer in the treatment and management of endometriosis. Dr. Cook trained as both a gynecologist and a reproductive endocrinologist. He finished his fellowship at the Johns Hopkins University School of Medicine in 1991 and has been in private practice, primarily in Northern California, since then. Dr. Cook is one of only a handful of experienced specialists devoted to the treatment of endometriosis and pelvic pain. Even among these specialists, he is unique in his comprehensive approach to his patients' overall condition. Dr. Cook is known for his compassion, dedication, and a leading-edge integrative approach that combines traditional Western medicine and surgical treatment with complementary care and a holistic philosophy. Women from across the country and throughout the world turn to Dr. Cook for help with complex pelvic problems.

Users Review

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Lawrence Gregory:

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Clarence Kissel:

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Terry Tatum:

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