



Mastering Competencies in Family Therapy: A Practical Approach to Theory and Clinical Case Documentation

By Diane R. Gehart



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MASTERING COMPETENCIES IN FAMILY THERAPY: A PRACTICAL APPROACH TO THEORY AND CLINICAL CASE DOCUMENTATION, 2nd Edition provides a competency-based approach to teaching clinical skills in marriage and family therapy—an approach adopted by the American Association for Marriage and Family Therapy (AAMFT). Using a light and inviting tone, author Diane R. Gehart offers a comprehensive five-step model for competent treatment, which guides readers through case conceptualization, clinical assessment (diagnosis) and case management, treatment planning, evaluation of progress, and documentation. The book also includes an introduction to the importance of theory and evidence-based practice in all five steps, and a set of useful clinical forms that can be applied in practice environments. Available with InfoTrac Student Collections <http://goengage.com/infotrac>.

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Editorial Review

About the Author

Dr. Diane R. Gehart is a Professor in the Marriage, Family, and Therapy and Counseling Programs at California State University, Northridge. She has authored numerous books, including CASE DOCUMENTATION IN COUNSELING AND PSYCHOTHERAPY, THEORY AND TREATMENT PLANNING IN COUNSELING AND PSYCHOTHERAPY, MINDFULNESS AND ACCEPTANCE IN COUPLE AND FAMILY THERAPY, and MASTERING COMPETENCIES IN FAMILY THERAPY. She also co-edited COLLABORATIVE THERAPY: RELATIONSHIPS AND CONVERSATIONS THAT MAKE A DIFFERENCE, and has developed two systems for assessing student learning: THE COMPLETE MFT CORE COMPETENCY ASSESSMENT SYSTEM and THE COMPLETE COUNSELING ASSESSMENT SYSTEM. Dr. Gehart's areas of specialty include mindfulness, mental health recovery, postmodern and systemic therapies, sexual abuse treatment, gender issues, children and adolescents, client advocacy, qualitative research, and education in family therapy. She speaks internationally, having conducted workshops to professional and general audiences in the United States, Canada, Europe, and Mexico. Her work has been featured in newspapers, radio shows, and television worldwide. She is an associate faculty member at three international post-graduate training institutes: The Taos Institute, Houston Galveston Institute, and The Marburg Institute for Collaborative Studies in Germany. Additionally, she is an active leader in state and national professional organizations. She maintains a private practice in Agoura Hills, California, specializing in couples, families, trauma, life transitions, and difficult-to-treat cases.

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