



Your Child's Growing Mind: Brain Development and Learning From Birth to Adolescence

By Jane Healy



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The classic guide to understanding children's mental development is now updated and better than ever!

Hailed by parents and educators, *Your Child's Growing Mind* is a window into the fascinating process of brain development and learning. It looks at the roots of emotion, intelligence, and creativity, translating the most current scientific research into practical suggestions for parents and teachers.

Dr. Healy also addresses academic learning, offering countless suggestions for how parents can help without pushing. She explains the building blocks of reading, writing, spelling, and mathematics and shows how to help youngsters of all ages develop motivation, attention, critical thinking, and problem-solving skills.

Using the science of childhood development, she also examines today's hot issues, including learning disabilities, ADHD, influences of electronic media, and the hazards of forced early learning. From infancy to adolescence, this is the perfect guide to helping and enjoying a youngster's mental, personal, and academic growth.

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Editorial Review

Review

–“A solid gold gift to anyone teaching or parenting or encountering the learning child. Jane Healy seems to have it all—the richness and insight from the think tank, the wisdom and experience of her life.” —David Mallery, *Independent School Quarterly*

“A sane and readable guide to the burgeoning literature on human development. I particularly liked the discussions on the perils of superbabying and on the fostering of creativity.” —Dr. Howard Gardner, author of *Frames of My Mind* and *The Mind's New Science*

"Dr. Healy has done it again with *Your Child's Growing Mind*. Nobody Makes child development and it's practical applications so clear and readable. A must for parents." —Michael Brody, M.D., Chair of The Television and Media Committee of The American Academy of Child and Adolescent Psychiatry

"This book became an instant classic when it was published in 1987, and has been a cornerstone for educators ever since. Now revised and updated to reflect recent findings in brain research, this book guides parents, teachers, and caregivers as they gauge the level of development of an individual child's brain."
—Ingram

From the Inside Flap

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About the Author

JANE M. HEALY, Ph.D., is an educational psychologist and teacher who has worked with students from preschool through graduate school. She consults and lectures worldwide, helping teachers and parents understand the educational implications of current brain research. She has appeared on national media such as the *Today* show, *Nightline*, *Good Morning America*, CNN, and NPR. A mother and grandmother, she currently lives in Vail, Colorado.

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Jennifer Stephens:

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