



Bundle: Trucking Tractor Trailer Driver Handbook Workbook with A Survival Guide for Truck Drivers Tips From the Trenches

By Alice Adams, Andrew Ryder

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A severe shortage of trained tractor-trailer drivers faces the trucking industry and the nation. Trucking: Tractor-Trailer Driver Handbook/Workbook, Third edition and its ancillaries can help solve this problem by providing a comprehensive, turnkey curriculum for tractor-trailer driver training. This new edition delivers not only the technical content the driver needs to know, but also teaches the procedures that, with practice, will enable the student to become a skilled driver. This book stresses the importance of developing the skills, traits and behaviors that characterize true professionals. Professional truck drivers must maintain safe standards throughout all facets of a trip, and this book provides the "must have" information new drivers need to stay safe before, during, and after a route. Coverage focuses on attaining and preserving safe standards throughout all aspects of a professional driving career, from securing one's load to hazardous materials handling, with helpful guidelines for maintaining a healthy lifestyle on the road. This edition delivers not only the technical content tractor-trailer drivers need to become skilled professionals, but also the healthful habits and "best practices" that can lead to improved safety and well-being. A Survival Guide for Truck Drivers is the only book written for students or experienced drivers that offers, in a straightforward and nonpatronizing style, the practical tips for making life on the road more stress-free and comfortable - both for the driver and his or her family. Until now, drivers usually entered the transportation industry armed with a Commercial Drivers License and perhaps stories and information from friends and family. This new guide not only provides valuable information and invaluable insights into the life of a professional driver, but also offers resources and encouragement for those who keep North America's commerce moving down the highway.

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Editorial Review

About the Author

Alice Adams is an educator and veteran transportation writer for various national transportation trade publications, as well as for the Houston Chronicle. After serving in academic positions at Odessa College (TX), Houston Community College, and the University of St. Thomas, she has authored several transportation industry books, including texts used in public, private, and proprietary professional driving schools.

Users Review

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