



Strategic Family Therapy

By Cloé Madanes



Strategic Family Therapy By Cloé Madanes

"Madanes' lucid, coherent, and practical guide for family therapists is a welcome addition to the proliferating literature by family therapy theorists and practitioners.... The book is concise, well organized and clearly written."
—*Contemporary Psychology*

A classic work which uses imaginative techniques to help achieve balance within the family. It gives attention to specific problems such as violence, drug abuse, and depression, and seeks the hidden meaning in these symptoms, which are clues to the underlying family structure.

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Strategic Family Therapy By Cloé Madanes Bibliography

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Editorial Review

Review

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From the Back Cover

Healing the whole family

"A technique that frees up old patterns, confuses past modes of communication, and touches a healthy playfulness in family members. Her approach is humane and gentle."

—*Library Journal*

"In a manner both bold and generous, the author shares her therapeutic skill."

—*Family Therapy Networker*

When the family is in trouble, every member feels the pain. Problems must be addressed, not in isolation, but in the context of the family environment. Cloé Madanes' model of strategic therapy focuses on the distribution of power within the family. While giving attention to specific problems like violence, drug abuse, marital distress, psychosis, and depression, this classic work seeks the hidden meaning in these symptoms, which are clues to the underlying structure of the family as a whole. Imaginative techniques that often use play and fantasy as well as paradox and metaphor help to achieve balance and health in the ways family members relate to each other and function in the world at large.

Users Review

From reader reviews:

Brenda Gregg:

The knowledge that you get from Strategic Family Therapy may be the more deep you searching the information that hide inside words the more you get considering reading it. It doesn't mean that this book is hard to be aware of but Strategic Family Therapy giving you joy feeling of reading. The article writer conveys their point in a number of way that can be understood simply by anyone who read the item because the author of this guide is well-known enough. This book also makes your current vocabulary increase well. That makes it easy to understand then can go along, both in printed or e-book style are available. We highly recommend you for having this kind of Strategic Family Therapy instantly.

Gene Kirkland:

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know just before. The author explained their strategy in the simple way, consequently all of people can easily to recognise the core of this publication. This book will give you a large amount of information about this world now. To help you see the represented of the world within this book.

Alex Jose:

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Tom Rivera:

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