



Becoming an Academic Writer: 50 Exercises for Paced, Productive, and Powerful Writing

By Patricia Goodson



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With its friendly, step-by-step format, **Becoming an Academic Writer** by Patricia Goodson helps writers improve their writing by engaging in deep and deliberate practice—a type of practice adopted by expert performers in areas such as sports or music. Featuring 50 exercises, this practical, self-paced guide is flexibly organized so readers can either work their way through all of the exercises in order or focus on the specific areas where they need additional practice building their skills. The **Second Edition** is enhanced by a new appendix on literature review, new feature boxes, and new chapter summaries.

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Editorial Review

Review

"The integration of the practical experience, research base, and theory provides all the elements necessary for an academic writing course. As addressed throughout the text, academic writing is challenging and often frustrating. Pat Goodson's informal yet informed voice throughout provides needed encouragement for the frustrated academic writer." (Erin McTigue)

"The number one strength of the book is Goodson's voice and the clarity with which she writes. My students appreciated her straightforward approach and could relate to the book." (Tracy R. Nichols)

PRAISE FOR THE PREVIOUS EDITION

"This book makes the reader want to write! I found myself reaching for my calendar and penciling in writing sessions for the rest of my week after reading the first chapter. The techniques and exercises are effective and easy to implement; they fit with any writing project, in any stage of the writing process." (H. Elisabeth Ellington)

About the Author

Patricia Goodson is professor of health education in the Department of Health & Kinesiology at Texas A&M University (TAMU). She obtained a bachelor's degree in Linguistics (from Universidade Estadual de Campinas) and a master's in Philosophy of Education (from Pontifícia Universidade Católica de Campinas) in Brazil; a master's in General Theological Studies (from Covenant Theological Seminary) and a PhD in Health Education (from the University of Texas at Austin) in the United States. At TAMU, she has taught mostly graduate-level courses such as Health Behavior Theory, Health Research Methods, Health Program Evaluation, Health Education Ethics, and Advanced Health Behavior Theory. In 2007, while acting as associate dean for Graduate Program Development, she created and implemented a college-wide writing support service for graduate students, based on the POWER model described in this book. Currently, as director of the College of Education and Human Development's Writing Initiative (POWER Services), she offers Basic and Advanced Writing Studios for graduate students in the college, on a regular basis, and occasionally teaches writing workshops for faculty at Texas A&M and other universities. Dr. Goodson has won several department-, college-, and university- level awards for her teaching and research. In 2012 she was awarded the title of *Presidential Professor for Teaching Excellence* at Texas A&M University, one of the highest teaching awards at that university. Also in 2012, she became the university's sole nominee for the *Piper Professor Award*, a state-level recognition for teaching. While she considers mentoring graduate students the most fulfilling part of her career, a couple of research interests vie for her attention. Her research focuses on topics such as sexual health of adults and adolescents, the history of the HIV/AIDS epidemic, and public health genomics. She has published extensively in high-impact journals, has reviewed for several prestigious publications, and has served as book review editor for *The Journal of Sex Research*. One of her intellectual passions is theory, and her "other" book presents a critique of health education's current use of theory in both research and practice.

Users Review

From reader reviews:

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