



Rx for Happiness: An OB/GYN's Story

By Marvin H. Terry Grody

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Every adult woman knows what it is like to be a gynecological patient. But what is it like to be the gynecologist? What is the physician thinking while you lie on the examining room table? Does he or she really care? What motivates someone to become an OB/GYN anyway? Marvin H. Terry Grody, M.D. answers these questions in this collection of amusing and poignant anecdotes from his more than 50 years in obstetrics and gynecology, including 32 years in private practice and 20 years as a medical school clinical professor. No one has brought more zest and zaniness to OB/GYN practice than Dr. Grody and in this book he shares his most memorable experiences. We learn about: The patient who was bitten in the "lettuce" by a cat; The patient who called her gynecologist when her married lover died in bed; The patient whose cesarean section was performed under local anesthesia; The patient who lost her "marbles;" The patient whose tumor had a heartbeat; The patient whose "mum" died; and The patient with two vaginas - one for procreation and the other for recreation; among many other gripping, true stories of medical heroics and a physician's devotion to his patients. For those who mutter, "If only the doctor knew how it feels to be a patient," the final chapter of the book will be especially meaningful. Dr. Grody describes his own near-death experience, one that compelled him to repose the same trust in his doctors that patients had always placed in him. The experience of being a gynecological patient is uniquely female, but this book speaks to the male gender, too, as it opens men's eyes to a world their partners experience, but rarely discuss. Clearly a world-class OB/GYN, Dr. Grody is a gifted raconteur, too.

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Editorial Review

Review

Recently, Dr. Marvin Grody sent me a book he had written based on his experience of more than 50 years in the practice of obstetrics and gynecology. He spent 32 years in private practice and 20 years as a medical school clinical professor. . . . The book itself consists of more than 35 individual anecdotes involving a clinical situation. Each is presented in a personal fashion as opposed to the standard medical presentation. Therefore, you sense the patients' concerns as well as the physician's response. A sampling of the chapters includes Mud, Police Call, Marbles, Lettuce, Homage to Boxer Shorts, Blood, and more. With each of these titles is a well-presented scenario of what happened and why the name.

The American College of Obstetricians and Gynecologists has been actively recruiting medical students to our specialty. One of our greatest assets, we have found, is the close personal bond between obstetrician-gynecologists and their patients. This book gives examples of one physician's intriguing and satisfying experience with his patients.

It is not heavy reading like a medical textbook, but more like a novel. As you read these anecdotes, I am certain you will recall similar situations with your patients. At least I did, and I enjoyed the remembrance. -- ACOG Clinical Review, September-October 2008

About the Author

Marvin H. Terry Grody, M.D. celebrated his 60th year as a physician in 2006. Terry was born in Hartford, Connecticut. He received his undergraduate degree from the University of Pennsylvania in 1943 and graduated from the University of Pennsylvania School of Medicine in 1946. Terry opened his private practice in Hartford, Connecticut in 1953. In 1985, he embarked on a twenty-year second career as a medical school clinical professor of obstetrics and gynecology, first at the Columbia University Medical School, then, for eleven years, at Temple University Medical School and, finally, commencing in 2002, at the University of Medicine and Dentistry of New Jersey. He retired in 2006 at the age of 84. Terry has organized and hosted more than 25 medical conferences and has produced 34 educational videos demonstrating advanced surgical techniques. He has appeared as guest surgeon, guest professor or guest lecturer throughout the United States and overseas. His book, "Benign Postreproductive Gynecologic Surgery," was published in 1984 and he has authored or co-authored more than 40 published scientific manuscripts. Terry has been awarded every major national honor his profession can bestow, including recognition as "Distinguished Surgeon" in 2001 by the Society of Gynecologic Surgeons and in 1998 by the Society of Pelvic Reconstructive Surgeons. He has been honored multiple times for excellence in teaching by the American College of Obstetricians and Gynecologists and by the universities at which he taught.

Users Review

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Cheryl Stone:

This Rx for Happiness: An OB/GYN's Story book is just not ordinary book, you have it then the world is in your hands. The benefit you receive by reading this book is information inside this guide incredible fresh, you will get data which is getting deeper anyone read a lot of information you will get. This specific Rx for Happiness: An OB/GYN's Story without we realize teach the one who studying it become critical in thinking and analyzing. Don't possibly be worry Rx for Happiness: An OB/GYN's Story can bring if you are and not

make your handbag space or bookshelves' grow to be full because you can have it in the lovely laptop even cellphone. This Rx for Happiness: An OB/GYN's Story having great arrangement in word along with layout, so you will not experience uninterested in reading.

Tara Scribner:

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Antonio Beeler:

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Tracy Zapata:

Playing with family inside a park, coming to see the marine world or hanging out with pals is thing that usually you might have done when you have spare time, after that why you don't try factor that really opposite from that. A single activity that make you not sense tired but still relaxing, trilling like on roller coaster you already been ride on and with addition of information. Even you love Rx for Happiness: An OB/GYN's Story, you may enjoy both. It is excellent combination right, you still desire to miss it? What kind of hang-out type is it? Oh occur its mind hangout men. What? Still don't have it, oh come on its known as reading friends.

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