

# 101 Creative Ideas for Animal Assisted Therapy


By Stacy Grover


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This book is packed with 190 pages of step-by-step instructions for 101 practical animal-assisted therapy activities and interventions. There is also an index that correlates the activities with a myriad of goals in the areas of physical therapy, occupational therapy, mental health, social skills, educational skills, speech therapy, and recreational therapy. You will also find recipes to make for animals, animal-related booklists, and animal-related songs. This book is not limited to animal-assisted therapy with dogs. It also includes small animals, cats, birds, and horses. If you are a handler of a therapy animal, a trainer of therapy teams, or if you are a professional who incorporates animal assisted therapy into your practice, this book was written for you.

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#### Review

*"This book is a must-have for everyone who wants to enhance their skill and range in animal-assisted interventions."* --Ann R. Howie, LICSW, ACSW Human-Animal Solutions, LLC

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