

## The Laws of Medicine: Field Notes from an Uncertain Science (TED Books)

By Siddhartha Mukherjee



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Essential, required reading for doctors and patients alike: A Pulitzer Prizewinning author and one of the world's premiere cancer researchers reveals an urgent philosophy on the little-known principles that govern medicine—and how understanding these principles can empower us all.

Over a decade ago, when Siddhartha Mukherjee was a young, exhausted, and isolated medical resident, he discovered a book that would forever change the way he understood the medical profession. The book, *The Youngest Science*, forced Dr. Mukherjee to ask himself an urgent, fundamental question: Is medicine a "science"? Sciences must have laws—statements of truth based on repeated experiments that describe some universal attribute of nature. But does medicine have laws like other sciences?

Dr. Mukherjee has spent his career pondering this question—a question that would ultimately produce some of most serious thinking he would do around the tenets of his discipline—culminating in *The Laws of Medicine*. In this important treatise, he investigates the most perplexing and illuminating cases of his career that ultimately led him to identify the three key principles that govern medicine.

Brimming with fascinating historical details and modern medical wonders, this important book is a fascinating glimpse into the struggles and Eureka! moments that people outside of the medical profession rarely see. Written with Dr. Mukherjee's signature eloquence and passionate prose, *The Laws of Medicine* is a critical read, not just for those in the medical profession, but for everyone who is moved to better understand how their health and well-being is being treated. Ultimately, this book lays the groundwork for a new way of understanding medicine, now and into the future.



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#### Review

"This mininarrative, packed with complex ideas translated into easily accessible language and an engaging style, leaves the readers time to ponder the author's ideas at greater length, and the result is a fascinating and illuminating trek through a beautiful mind. A splendid exploration of how medicine might be transformed." (*Kirkus (starred)*)

"The prose is lovely, often witty, always clear.... a fast and informative read." (Booklist)

"What he writes is important, and he does so in an elegant, engaging fashion. This is a moving, deeply humane book." – **Los Angeles Review of Books** 

#### About the Author

Siddhartha Mukherjee is the author of *The Emperor of All Maladies: A Biography of Cancer*, winner of the 2011 Pulitzer Prize in general nonfiction, and *The Laws of Medicine*. He is the editor of Best Science Writing 2013. Mukherjee is an assistant professor of medicine at Columbia University and a cancer physician and researcher. A Rhodes scholar, he graduated from Stanford University, University of Oxford, and Harvard Medical School. He has published articles in *Nature*, *The New England Journal of Medicine*, *The New York Times*, and *Cell*. He lives in New York with his wife and daughters. Visit his website at: SiddharthaMukherjee.com

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