



Practical Leadership in Nursing and Health Care: A Multi-Professional Approach

From CRC Press



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This multidisciplinary text is an essential introduction to leadership in health care, combining the underpinning theory with a practical approach to help you come to decisions and solutions in everyday practice.

- * Written in an accessible and easy to understand style by an international team of practitioners who will engage, inspire and empower you to really make a difference in practice
- * Evidence based and with a focus on patient care and service delivery to ensure best practice
- * Includes case studies from a range of disciplines as well as questions and reflective activities to help you apply theory to practice
- * Provides practical tools from a number of disciplines including NLP, positive psychology, coaching and transactional analysis
- * Free HodderPlus website provides PowerPoints, case studies, questions, reflection activities and annotated web links

This practical guide is an invaluable tool for all students and professionals in nursing and allied health, including radiographers, physical therapists, occupational therapists, dieticians and paramedics.

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Editorial Review

Review

"A book on leadership could be a challenge to read; but not this one. The authors of this book have overcome this potential obstacle by writing in a conversational style, including questions, case studies and reflection exercises throughout.

This book will appeal to healthcare staff looking to develop their leadership skills; those wanting to bring staff together to work as an effective team and hence improve the quality of care delivered to their patients.

To be an adaptive leader, which is a must in the rapidly changing healthcare setting, we need to use the brains in our heart and gut as well as the brain in our head. The only way this will make sense to you is by reading this book; and I found that once I started reading it, I didn't want to stop. So please do read on."
?Michaela Hooper, RGN, BSc, MSc., Infection Prevention & Control Nurse at Frimley Park Hospital NHS Foundation Trust, UK

"I have just finished reading Suzanne Henwood's book on leadership and must say that I have not been so engrossed by a leadership or management text since I studied with Russell Ackoff in the 1990s. Whereas most such books are heady and attempt to prescribe what must be done from an external perspective, Suzanne and her authors describe from the inner person how to embody the best practices in order to become a truly interactive leader and manager. The book is well designed with plentiful examples and opportunities for reflection. In every chapter there are multiple opportunities for reflection that are apt and designed to place you, the reader, into the flow of the book as participant. The examples are meaningful. It is well grounded in the history and culture of leadership and management in the healthcare professions. It is well documented and well designed for use as a textbook or a book for personal development."
?Richard.M.Gray, Research Director, NLP R and R Project, Assistant Professor (ret.), Fairleigh Dickinson University, New Jersey, USA

"You could be forgiven for assuming that all of the complexities of providing modern health care come down to leadership...or a lack of it. Millions of words are written on the subject and endless varieties of training and development for health staff are available. Failings are easily attributed to poor leadership; the achievement of innovative change is seen as dependent on leadership and those who seem to demonstrate effective leadership are admired, envied and even feared. Behind all of the noise being generated is the simple truth that leadership skills are valuable tools in every-day life, transformative in any work situation and essential for anyone that calls themselves a health care professional.

In this book, a number of aspects of leadership in the clinical environment are examined. The approach is refreshingly practical and interactive. The assumption that leadership skills can be taught, practised and perfected is engagingly presented, with opportunities throughout for readers to reflect on their own experiences and traits in leadership. It deserves to become a resource to encourage the development of leaders at all levels in any and every health care service."

?Richard Evans, Chief Executive Officer, The Society and College of Radiographers UK

"Many of us become health professionals because of an innate motivation to help others. Through our experiences, challenges and growing understanding in our varied roles, we strive to offer an improving service to our patients in order to equip them with relief, knowledge and the tools to be responsible for their own bodies and minds. This enlightening book allows us to grow on a personal level as well as a professional one. It does so by expanding our awareness of who we are as therapists, encouraging us to use our developing expertise to complement our colleagues and environment in order to provide the best possible treatment and outcome for each and every patient in every situation. It is also a workbook which I feel is essential to health care providers as a resource we can refer back to in an ongoing process of growth and continuously challenging ourselves along that journey. Each chapter is relevant and a vital part of the bigger picture with authentic and knowledgeable authors. I would recommend it on every practitioner's shelf who cares about the quality of the service they provide."

?Michelle Silvester, Director, Back to the Future (physiotherapy practice), New Zealand

"This timely book practices the kind of leadership that it preaches: it is refreshingly authentic, anchored in integrity and driven by a genuine desire for growth and positive change for those who work within and are served by the health sector. I congratulate the editor and the team of authors for providing such a rich multidisciplinary text that progressively integrates the freshest leadership thinking with the challenging practice of healthcare leadership."

?Professor Brad Jackson, Head of School of Government, Victoria University of Wellington, New Zealand

About the Author

Suzanne Henwood PhD MSc HDCR PGCE, Associate Professor and Programme Leader, Master of Health Science Programmes, Unitec Institute of Technology, Auckland, New Zealand; Director, Henwood Associates, UK and New Zealand

Users Review

From reader reviews:

Celia Robertson:

Reading a book tends to be new life style within this era globalization. With studying you can get a lot of information that will give you benefit in your life. Along with book everyone in this world could share their idea. Ebooks can also inspire a lot of people. Lots of author can inspire their reader with their story or their experience. Not only the story that share in the publications. But also they write about the data about something that you need example of this. How to get the good score toefl, or how to teach your sons or daughters, there are many kinds of book that you can get now. The authors on earth always try to improve their proficiency in writing, they also doing some exploration before they write to their book. One of them is this Practical Leadership in Nursing and Health Care: A Multi-Professional Approach.

David Hoag:

Spent a free time for you to be fun activity to accomplish! A lot of people spent their leisure time with their family, or their friends. Usually they undertaking activity like watching television, gonna beach, or picnic inside park. They actually doing same task every week. Do you feel it? Would you like to something

different to fill your free time/ holiday? Could possibly be reading a book could be option to fill your totally free time/ holiday. The first thing you will ask may be what kinds of e-book that you should read. If you want to try out look for book, may be the reserve untitled Practical Leadership in Nursing and Health Care: A Multi-Professional Approach can be great book to read. May be it could be best activity to you.

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Reading a book to be new life style in this calendar year; every people loves to examine a book. When you learn a book you can get a wide range of benefit. When you read textbooks, you can improve your knowledge, mainly because book has a lot of information into it. The information that you will get depend on what kinds of book that you have read. If you need to get information about your study, you can read education books, but if you want to entertain yourself you can read a fiction books, this kind of us novel, comics, along with soon. The Practical Leadership in Nursing and Health Care: A Multi-Professional Approach will give you new experience in reading a book.

Mary Brott:

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