


# Handbook of Assessment and Treatment Planning for Psychological Disorders


*From The Guilford Press*



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This comprehensive reference and text provides detailed guidelines for conducting multimodal assessments of individuals suffering from frequently encountered psychological disorders. The contributors, leading scientist-practitioners, address the growing need for assessment approaches that are brief, easy to implement, and psychometrically sound. A wide range of tools and techniques are considered, including structured and semi-structured interviews, self-report measures, psychophysiological measures, observational techniques, and more. Of crucial importance, the book also demonstrates how assessment results can effectively be used in planning evidence-based interventions and monitoring the outcome of treatment. Providing essential knowledge to guide clinical decision making, this volume is an ideal companion for psychologists, psychiatrists, and other practitioners in today's demanding health care environment. An important reference for clinical researchers, it will serve as a text in graduate-level courses.

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### Editorial Review

#### Review

"At last, a serious and usable reference volume on assessment for both the clinician and scientist. Antony and Barlow have made a major contribution to bridging science and practice with this handbook. In one place, the professional who needs to assess a particular type of problem can find a critique of available measures, suggestions for test selection, and a clear description of what each test provides. This outstanding volume should be on every researcher's and every clinician's bookshelf. It will be especially important for clinical psychologists to have this volume handy when they are asked to evaluate a client or develop a research program."--Larry E. Beutler, PhD, Psychotherapy Research Projects, Counseling/Clinical/School Psychology Program, University of California, Santa Barbara

"An invaluable resource that meets a real need for clinicians and researchers. For clinicians, this book offers an astonishing array of empirically supported assessment strategies for virtually any disorder encountered in clinical practice, presented accessibly and in a consistently informed fashion. For clinical researchers, it provides a very broad selection of research-based assessment methods to quantify therapeutic change and reflect therapeutic outcome."--Peter E. Nathan, PhD, Department of Psychology, University of Iowa

"Antony and Barlow have produced a most unusual and useful work. I found this handbook uniquely informative about how to assess and plan treatment for a variety of conditions. It will be a valuable text for advanced psychology students in undergraduate and graduate settings, and a very useful reference for clinicians and researchers."--Michael R. Liebowitz, MD, Columbia University and New York State Psychiatric Institute

"A valuable contribution. This outstanding resource should be on the shelf of both graduate students and practicing clinicians. Clear and well written, the book is special in that it closely links assessment with the practicalities of developing an empirically based treatment plan. This is exactly what practitioners and managed care organizations are looking for. I thoroughly recommend it."--Gary Groth-Marnat, PhD, School of Psychology, Curtin University, Perth, Western Australia, Australia

#### About the Author

Martin M. Antony, PhD, is Associate Professor in the Department of Psychiatry and Behavioural Neurosciences at Ryerson University, as well as Chief Psychologist and Director of the Anxiety Treatment and Research Centre at St. Joseph's Hospital in Hamilton, Ontario, Canada. The recipient of early career awards from the Society of Clinical Psychology (American Psychological Association, Division 12), the Canadian Psychological Association, and the Anxiety Disorders Association of America, he has published eight books and more than 50 research papers and book chapters. Dr. Antony serves on the editorial boards of several professional journals and is actively involved in clinical research in the area of anxiety disorders. He also teaches and maintains a clinical practice.

David H. Barlow, PhD, is Professor of Psychology, Research Professor of Psychiatry, Director of Clinical Training Programs, and Director of the Center for Anxiety and Related Disorders at Boston University. He has published over 400 articles and chapters and over 20 books, including [i]Anxiety and Its Disorders[/i] and [i]Clinical Handbook of Psychological Disorders[/i]. Dr. Barlow's recent awards include the 2000

American Psychological Association Distinguished Scientific Award for the Applications of Psychology and the APA Division 12 (Clinical Psychology) Distinguished Scientific Award, as well as the first annual Science Dissemination Award from the Society for a Science of Clinical Psychology. Extensively involved with numerous professional organizations and journals, he is a Diplomate in Clinical Psychology of the American Board of Professional Psychology and maintains a private clinical psychology practice.

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