



Creek's Occupational Therapy and Mental Health E-Book (Occupational Therapy Essentials)

From Churchill Livingstone

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Now in its fifth edition, this seminal textbook for occupational therapy students and practitioners has retained the comprehensive detail of previous editions with significant updates, including the recovery approach informed by a social perspective. Emerging settings for practice are explored and many more service users have been involved as authors, writing commentaries on 14 chapters.

All chapters are revised and there are also new chapters, such as mental health and wellbeing, professional accountability, intersectionality, green care and working with marginalized populations. Chapter 11 is written by two people who have received occupational therapy, examining different perspectives on the experience of using services.

This edition is divided into clear sections, exploring theory and practice issues in detail. The first section covers the historical, theoretical and philosophical basis for occupational therapy in the promotion of mental health and wellbeing. The second section examines the occupational therapy process, followed by a third section on ensuring quality in contemporary practice. The fourth section offers insights into issues arising from the changing contexts for occupational therapy including an analysis of the implications for occupational therapy education. The fifth section has eight chapters on specific occupations that can be applied across the varied settings which are covered in the sixth and final section.

Occupational Therapy and Mental Health is essential reading for students and practitioners across all areas of health and/or social care, in statutory, private or third (voluntary) sectors, and in institutional and community-based settings.

- Presents different theories and approaches
- Outlines the occupational therapy process
- Discusses the implications of a wide range of practice contexts
- Describes a broad range of techniques used by occupational therapists
- Provides many different perspectives through service user commentaries
- Coverage of trust as part of professional accountability, leadership, green care,

ethical practice using a principled approach

- Additional and extended service user commentaries
- An editorial team selected and mentored by the retired editors, Jennifer Creek and Lesley Lougher

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Editorial Review

Review

"I thoroughly enjoyed reading this book and would recommend it to occupational therapy students, new practitioners and more experienced practitioners who want to refresh and update their knowledge" *International Journal of Therapy and Rehabilitation, August 2008, Vol 15, No 8* ".The book is a noteworthy achievement in the manner in which it brings together so many disparate experienced voices in mental health practice. The outcome is a very valuable reference book not only for the student practitioner, at whom it is primarily aimed, but also for practising therapists wanting to keep abreast of recent developments." *British Journal of Occupational Therapy February 2009 72(2)*

"The purpose of this book is to educate and inform those new to the areas of occupational therapy and mental health and to support the practice of those with more experience in the field. It does both things beautifully. The book manages to pack a great deal into the 500 or so pages and is highly recommended for those new to occupational therapy and mental health as it provides a valuable and broad overview of the subject."

Reviewed by: Dr Jean McQueen, The Forensic Network, NHS Scotland **Date:** Jan 2015

"The book is essential reading for students and practitioners across all areas of health and/or social care, in statutory, private or third (voluntary) sectors, and in institutional and community-based settings." - SirReadaLot.org, July 2015, Issue #195

Users Review

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