Active Training: A Handbook of Techniques, Designs, Case Examples, and Tips

By Melvin L. Silberman, Carol Auerbach

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Since 1990, Mel Silberman's classic book, *Active Training*, has been a runaway best-seller for trainers at all levels and a popular text for university level courses in adult education and training. The active training method—which turns the spotlight away from the instructor and put the emphasis on the learner—has emerged over time as a proven and reliable method for enhancing involvement, learning, and change.

The third edition of *Active Training,* provides a thorough introduction to the core principles of active training design and delivery and includes a wealth of examples, tips, and techniques. The book has been revised to reflect the latest trends in workforce training and key sections, such as assessment and evaluation, have been thoroughly updated. In addition, a completely new chapter has been included to cover the design of active training for e-learning and online applications.

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Editorial Review

Review
"Since its initial publication, *Active Training* has become a classic book in the field of training and development. It remains a must-read for anyone who wants training to be effective and engaging."
--Sivasailam "Thiagi" Thiagarajan, author, *Design Your Own Games and Activities;* president, International Society for Performance Improvement

"*Active Training* is a one volume "encyclopedia" full of the soundest concepts and practical ideas for applied adult learning you can find. No professional involved in learning, development or workplace performance should be without it."
--Ed Betof Ed.D., vice president, Talent Management and chief learning officer, Becton Dickinson

"*Active Training* has been required reading for all our students since 1992. They refer their managers and staffs to it often to help change the way their organizations view and conduct training. Of all of the books required in the program, this is the one they cite as the most valuable!"
--Brenda S. Levya-Gardner, Ph.D. director, executive HRD graduate program, Xavier University, Cincinnati, Ohio

"The third edition of *Active Training* continues its rich tradition of weaving theory with best practice that works so well for university classrooms as well as business contexts. Especially welcome is the expanded content on e-learning! I am confident that our students will be thrilled with new edition of *Active Training*."
--John A. Sample, Ph.D., program coordinator, Adult Education and Human Resource Development, Florida State University

From the Inside Flap
Since 1990, Mel Silberman's classic book, Active Training, has been a runaway best-seller for trainers at all levels and a popular text for university??level courses in adult education and training. The active training method—which turns the spotlight away from the instructor and puts the emphasis on the learner—has emerged over time as a proven and reliable method for enhancing involvement, learning, and change.

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Active Training will show you how to

• Assess training needs and participants
• Develop active training objectives
• Create practical opening activities
• Prepare brain-friendly lectures
• Design active training exercises
• Create e-learning applications

• Provide for back-on-the-job application . . . and much more!

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