



The Expectant Father: Facts, Tips and Advice for Dads-to-Be, Second Edition

By Jennifer Ash, Armin A. Brott

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The Expectant Father: Facts, Tips and Advice for Dads-to-Be, Second Edition By Jennifer Ash, Armin A. Brott

Since it was first published several years ago, The Expectant Father has become the indisputable leader in its field. It is an information-packed, month-by-month guide to all the emotional, financial, and yes, even physical changes the father-to-be may experience during the course of his partner's pregnancy. Incorporating the wisdom of top experts in the field, from obstetricians and birth-class instructors to psychologists and sociologists, The Expectant Father is filled with sound advice and practical tips for men, including how to afford a pregnancy; how to juggle work and family roles; how to make sense of your conflicting emotions; what childbirth classes don't teach you; ways to support and encourage your partner throughout the pregnancy; how to start a college fund; how pregnancy affects your sex life; how to deal with the obstacles society places in the way of involved fathers. In the revised and expanded second edition, authors Armin Brott and Jennifer Ash incorporate the latest statistics; update the Resources section to include the many relevant websites that have appeared since the first edition was published; introduce information for adoptive fathers-to-be; address the special concerns of fathers who are expecting twins, triplets, or more babies; and much more. The new edition, like the first, is illustrated with delightful cartoons that will keep even the most anxious fathers-to-be chuckling.

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Editorial Review

From Publishers Weekly

In an expanded and updated version of Brott's 1995 book, the authors once again present a month-by-month guide to pregnancy for the father-to-be. Illustrated throughout with humorous cartoons, the book divides each month of pregnancy into four astute categories: "What She's Going Through" (physical and emotion changes), "What's Going On with the Baby" (physical progress), "What You're Going Through" (physical and emotional changes) and "Staying Involved" (tips on supporting and encouraging the pregnant partner). Since most child-rearing books for men focus primarily on the emotional challenges, it's both refreshing and helpful that these authors include practical advice: recipes, detailed insights into the Family and Medical Leave Act of 1993 and realistic appraisals of the often very high costs of baby furnishings. Most valuable are the sections on the aspects of birth that make many men squeamish (episiotomies, epidurals and cesarean sections) as well as the post-delivery traumas that they tend to avoid facing (finding childcare, dealing with late-night wake-ups, dressing young children and sex after pregnancy). This is an essential book for all expectant fathers. (June)Forecast: Brott, a father of two, who has been called "the superdad's superdad" by Time magazine, has written five books on fatherhood and hosts Positive Parenting, a national radio talk show. Considering the increasing number of fathers who want to be actively involved in parenting, this book, with its Father's Day release, should do at least as well as the original, which was a bestseller.

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About the Author

Armin Brott, author of *The New Father: A Dad's Guide to the First Year*, *The New Father: A Dad's Guide to the Toddler Years*, and *The Single Father: A Dad's Guide to Parenting Without a Partner*, and a contributing writer to *BabyTalk* magazine, has written on fatherhood for the *New York Times Magazine*, *Newsweek*, the *Washington Post*, *American Baby* magazine, and many other periodicals. His weekly radio show on parenting is carried by one of the largest radio stations in the San Francisco Bay area. He and his family live in Berkeley, California. Jennifer Ash is the author of *Tropical Style: Private Palm Beach* and writes for *Town and Country*. She, her husband, and their son and daughter make their home in New York City.

From [AudioFile](#)

With its 24-page booklet to hold onto with white knuckles, all fathers-to-be should hear this intelligent collection of insights, medical information, and guidance about pregnancy. It's a month-by-month account of the physical and emotional changes a woman goes through, and an entertaining preview of the sea changes in family life, including finances and new divisions of labor, that men will have to embrace while waiting for their baby. Armin Brott is a natural at the microphone. With his flinty tone and assertive diction, he radiates confidence without any hint of cockiness or adversarial sarcasm. He's your slightly more experienced and wry-humored neighbor who just happens to know a lot about pregnancy and enjoys being helpful while you're waiting for the blessed event to occur. T.W. © AudioFile 2009, Portland, Maine

Users Review

From reader reviews:

Freida Gilbert:

Why don't make it to be your habit? Right now, try to prepare your time to do the important action, like looking for your favorite e-book and reading a publication. Beside you can solve your condition; you can add your knowledge by the reserve entitled The Expectant Father: Facts, Tips and Advice for Dads-to-Be, Second Edition. Try to make book The Expectant Father: Facts, Tips and Advice for Dads-to-Be, Second Edition as your friend. It means that it can to be your friend when you experience alone and beside that course make you smarter than before. Yeah, it is very fortunated for yourself. The book makes you much more confidence because you can know everything by the book. So , let us make new experience as well as knowledge with this book.

Karen Moore:

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Louise Denison:

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Dawn Brown:

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