

## Psychiatry: Breaking the ICE Introductions, Common Tasks, Emergencies for Trainees

By Sarah L. Stringer, Juliet Hurn, Anna M. Burnside



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*Psychiatry: Breaking the ICE* contains everything psychiatry trainees need in order feel confident and competent in general adult inpatient and community placements.

- A practical and reassuring guide to life as a psychiatrist, structured around the tasks expected both in day-to-day practice and in out-of-hours work
- Key themes running throughout the book include ethical and legal issues, risk assessment and management, patient experience and safe prescribing
- The authors are closely involved in the training, mentoring and supervision of core trainees, and know the real-world challenges faced by junior psychiatrists



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