



Essentials of Child and Adolescent Psychopathology (Essentials of Behavioral Science)

By Linda Wilmschurst



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A concise guide to the fundamentals of child psychopathology, complete with the latest developments

Essentials of Child and Adolescent Psychopathology, Second Edition provides a concise, accessible overview of the major theories, assessment practices, and key issues. This updated *Second Edition* describes the significant changes in the way DSM™-5 conceptualizes disorders in children and adolescents, and includes a new chapter on child abuse, child maltreatment, and self-injurious behavior. Using practical case examples to illustrate key points, the book addresses specific disorders and problems prevalent among this age group—including anxiety, mood disorders, and traumatic stress. Each chapter features reader-friendly elements like Rapid Reference, Caution, and Don't Forget boxes that call out important information, facilitating easy look-up and quick navigation.

This invaluable resource fills the need for an overview of the most current issues and changes in the field, allowing readers to:

- Review the development, theories, and influences in child and adolescent psychopathology
- Understand neurodevelopmental disorders including intellectual and developmental disabilities, ADHD, and specific learning disabilities or disorders
- Compare and contrast the manifestations of internalized vs. externalized disorders
- Examine later-onset disorders and special topics including eating disorders, substance abuse, and trauma-related disorders

The book also includes appendices on ethical conduct, assessment instruments, and IDEA 2004, providing readers the guidance and tools that can help increase positive outcomes. Whether used as a secondary text or as a professional reference, *Essentials of Child and Adolescent Psychopathology, Second Edition* provides an authoritative briefing on this evolving area of practice.

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Editorial Review

From the Back Cover

An Engaging, Up-To-Date Overview of Child and Adolescent Psychopathology

Fully revised and updated, *Essentials of Child and Adolescent Psychopathology* provides students and professionals with a brief but comprehensive overview of critical conceptual issues in child and adolescent psychopathology. It covers major theories, diagnoses, assessment and best treatment practices, ethical issues, and trends in the field. In addition, you will find coverage of the changes in the way the DSM™-5 conceptualizes disorders in children and adolescents and a new chapter on child abuse, maltreatment, and self-injurious behavior. This Second Edition provides the same useful features as the previous edition—including Rapid Reference, Caution, and Don't Forget callout boxes—with a revised and up-to-date text. Each concise chapter includes case examples and key concepts, as well as Test Yourself questions that help you gauge and reinforce your grasp of the information covered.

As part of the *Essentials of Behavioral Science* series, this book provides information mental health professionals need in order to practice knowledgeably, efficiently, and ethically in today's behavioral healthcare environment.

Essentials of Child and Adolescent Psychopathology is the only resource that condenses the wide-ranging topics of the field into an accessible format for students and practitioners alike.

About the Author

LINDA WILMSHURST, PHD, is an Associate Professor of Psychology at Elon University and a licensed clinical (ABPP) and school psychologist. She has written six books, including *Clinical and Educational Child Psychology: An Ecological-Transactional Approach to Understanding Child Problems and Interventions* (Wiley-Blackwell) and *The Complete Guide to Special Education: Expert Advice on Evaluations, IEPs, and Helping Kids Succeed, Second Edition* with Alan W. Brue (Jossey-Bass).

Users Review

From reader reviews:

Donald Farrell:

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Robert Schrader:

The particular book Essentials of Child and Adolescent Psychopathology (Essentials of Behavioral Science) has a lot associated with on it. So when you read this book you can get a lot of benefit. The book was compiled by the very famous author. The writer makes some research just before write this book. This kind of book very easy to read you will get the point easily after reading this article book.

Cheryl Cooley:

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