

### The Mysticism of Sound and Music: The Sufi Teaching of Hazrat Inayat Khan (Shambhala Dragon Editions)

By Hazrat Inayat Khan



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Music, according to Sufi teaching, is really a small expression of the overwhelming and perfect harmony of the whole universe—and that is the secret of its amazing power to move us. The Indian Sufi master Hazrat Inayat Khan (1882–1927), the first teacher to bring the Islamic mystical tradition to the West, was an accomplished musician himself. His lucid exposition of music's divine nature has become a modern classic, beloved not only by those interested in Sufism but by musicians of all kinds.



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Rank: #498781 in eBooksPublished on: 1996-09-03Released on: 1996-09-03Format: Kindle eBook

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#### Review

"A powerful book of mystical insight for people of all traditions."—Monos

"Inayat Khan says that music is the 'picture of our Beloved' and then draws the picture stroke by stroke from every angle and plane until we see it. He is the only holy man I know who delivers an authentic and inclusive spiritual message from a musical sensibility. He does this rigorously, poetically and spontaneously, until we perceive our own actions as music. Open to any line on any page: *you* will be opened."—W. A. Mathieu, author of *The Listening Book* and *The Musical Life* 

"Inayat Khan brought one of the strongest and sweetest lineages from India to the West: the music and open heart of Sufism as it blends with Persian poetry and Western intellect. He is a source and a great joy."—Coleman Barks, author of *Open Secret* and *The Essential Rumi* 

#### From the Back Cover

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#### About the Author

Hazrat Inayat Khan was trained as a musician and a Sufi of the Chishti order and gave concert tours of Indian classical music in the United States and Europe.

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