



## Sexy ... it's not that serious: How to feel sexy at any age and size (Volume 1)

By Morgan B Toombs



**Sexy ... it's not that serious: How to feel sexy at any age and size (Volume 1)**  
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For women, being sexy is frowned upon. Millions of women silently wrestle with the impact of “not feeling good enough” and the ramifications on both their health and relationships are profound. In *Sexy...it's not that serious*, Morgan Toombs, a leading expert on sexy, authenticity, and personal power, shares ten truths about authentic sexy and 8 ways to embody it – from an authentic place that honors every component of you. “This book should be the next present you get for the women in your life be they your mother, sister, aunt, grandma, daughter or friend.” Juannittah Kamera, RN, MScHPPH, MRSPH Health Promotion Programs Coordinator - Student Health and Wellness Ryerson University

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### **Editorial Review**

#### About the Author

Morgan Toombs is an award-winning sex and relationship expert and specializes in helping men and women create more magic in their relationships ... and their lives. Through her delicious book “Sexy...it’s not that serious” she shows you how to step into your sexiest life and fall in love with your body (at whatever age and size!) Her delectable advice has been featured in dozens of media outlets around the globe, including Discovery, Life Channel, various online magazines, as well as numerous national and international radio shows. Transform your life (at whatever stage) into a magical and deliciously sexy journey — at [www.MorganToombs.com](http://www.MorganToombs.com).

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