



Self-Regulation in Early Childhood: Nature and Nurture

By Martha B. Bronson



Self-Regulation in Early Childhood: Nature and Nurture By Martha B. Bronson

The early years are critically important for the development of self-regulation--the set of abilities that enable children to control their emotions and behavior, interact positively with others, and engage in independent learning. This book examines how self-regulation develops in the first eight years of life and describes practical ways for educators and caregivers to support its development. Part I reviews a diverse body of theory and research on the growth of self-control and self-direction across emotional, social, motivational, and cognitive domains. Also described is contemporary research linking self-regulatory abilities to control systems in the brain. Part II presents concrete suggestions for enhancing self-regulatory skills in infants and toddlers, preschoolers and kindergartners, and school-age children. Chapters address caregiver and teacher behaviors, behavior management techniques, ways of arranging the environment, and strategies for enhancing peer interactions and children's interest in self-directed learning.

 [Download Self-Regulation in Early Childhood: Nature and Nur ...pdf](#)

 [Read Online Self-Regulation in Early Childhood: Nature and N ...pdf](#)

Self-Regulation in Early Childhood: Nature and Nurture

By Martha B. Bronson

Self-Regulation in Early Childhood: Nature and Nurture By Martha B. Bronson

The early years are critically important for the development of self-regulation--the set of abilities that enable children to control their emotions and behavior, interact positively with others, and engage in independent learning. This book examines how self-regulation develops in the first eight years of life and describes practical ways for educators and caregivers to support its development. Part I reviews a diverse body of theory and research on the growth of self-control and self-direction across emotional, social, motivational, and cognitive domains. Also described is contemporary research linking self-regulatory abilities to control systems in the brain. Part II presents concrete suggestions for enhancing self-regulatory skills in infants and toddlers, preschoolers and kindergartners, and school-age children. Chapters address caregiver and teacher behaviors, behavior management techniques, ways of arranging the environment, and strategies for enhancing peer interactions and children's interest in self-directed learning.

Self-Regulation in Early Childhood: Nature and Nurture By Martha B. Bronson Bibliography

- Sales Rank: #1320621 in Books
- Brand: Brand: The Guilford Press
- Published on: 2000-03-03
- Original language: English
- Number of items: 1
- Dimensions: 9.39" h x 1.05" w x 6.33" l, 1.19 pounds
- Binding: Hardcover
- 296 pages

 [Download Self-Regulation in Early Childhood: Nature and Nur ...pdf](#)

 [Read Online Self-Regulation in Early Childhood: Nature and N ...pdf](#)

Download and Read Free Online Self-Regulation in Early Childhood: Nature and Nurture By Martha B. Bronson

Editorial Review

Review

"An extraordinary integration of diverse strands of research on social, motivational, intellectual, and emotional development in young children. Bronson engages her reader with a style that is clear without compromising the subject's complexity. This is a scholarly yet readable account for a broad audience. It will serve as a useful text for advanced undergraduate and graduate-level students." --Deborah Stipek, PhD, Professor of Education, UCLA

"An articulate and highly thoughtful writer, Bronson clearly knows the research and theoretical issues in the very important area of self-regulation. Setting her apart from most scholars are her astute observational skills and years of experience with what early childhood teachers and caregivers actually do on a daily basis. Informed by a solid familiarity with early childhood and primary school contexts, this book synthesizes the knowledge base and provides excellent coverage of practices that support children's self-regulation at various age levels." --Carol Copple, PhD, Publications Editor, National Association for the Education of Young Children

"An excellent, comprehensive discussion of theory and research on self-regulation that builds effective connections with early childhood parenting and educational practice. Scholars and practitioners alike will find this book to be a clear, readable, and helpful resource on an aspect of development crucial for children's cognitive, emotional, and social competence." --Laura E. Berk, PhD, University Distinguished Professor, Department of Psychology, Illinois State University, Normal, Illinois

"Masterfully written....Bronson has done a thorough job of pulling together research from many perspectives. The strength of this work is in its synthesis and connections to the major ideas in both developmental and educational psychology. The book's predictable organization makes it a handy resource guide for anyone working with children from birth to age 8. Bronson's writing style facilitates clarity of understanding....[Her work] holds promise for changing how we think about and educate young children, and provides insight into some of the difficulties we face in educating today's students."

(Early Childhood Research Quarterly 2001-12-21)

From the Back Cover

"An articulate and highly thoughtful writer, Bronson clearly knows the research and theoretical issues in the very important area of self-regulation. Setting her apart from most scholars are her astute observational skills and years of experience with what early childhood teachers and caregivers actually do on a daily basis. Informed by a solid familiarity with early childhood and primary school contexts, this book synthesizes the knowledge base and provides excellent coverage of practices that support children's self-regulation at various age levels." Carol Copple, PhD, Publications Editor, National Association for the Education of Young Children

About the Author

Martha B. Bronson, EdD, is an associate professor of developmental and educational psychology at Boston

College, where she directs the early childhood program. She received her bachelor's degree in psychology from Boston University and her master's and doctoral degrees in human development from Harvard University. She has extensive experience in educational evaluation in early childhood, and her observational measures of young children's self-regulatory skills have been used in a number of national studies.

Users Review

From reader reviews:

Jonathan Flannagan:

Hey guys, do you desire to find a new book to learn? Maybe the book with the name Self-Regulation in Early Childhood: Nature and Nurture suitable to you? The particular book was written by well-known writer in this era. Often the book entitled Self-Regulation in Early Childhood: Nature and Nurture is the one of several books that everyone reads now. This book was inspired a number of people in the world. When you read this book you will enter the new age that you've never known before. The author explained their idea in the simple way, consequently all of people can easily recognize the core of this book. This book will give you a large amount of information about this world now. So you can see the representation of the world with this book.

Vera Forde:

The book entitled Self-Regulation in Early Childhood: Nature and Nurture is the e-book that recommended to you to learn. You can see the quality of the book content that will be shown to an individual. The language that the author uses to explain their ideas is easy to understand. The copywriter did a lot of exploration when writing the book, hence the information that they share with you is absolutely accurate. You also might get the e-book of Self-Regulation in Early Childhood: Nature and Nurture from the publisher to make you considerably more enjoy free time.

Allen Mullinax:

A lot of guides have been printed but they differ. You can get it online on social media. You can choose the very best book for you, science, comic, novel, or whatever by searching for it. It is named the book Self-Regulation in Early Childhood: Nature and Nurture. You can contribute your knowledge by it. Without making the printed book, it could add your knowledge and make anyone happier to read. It is most crucial that you must be aware of reserves. It can bring you from one location to another place.

Julie Kappel:

What is your hobby? Have you heard in which question when you got pupils? We believe that that issue was given by the teacher to the students. Many kinds of hobbies, every individual has a different hobby. And also you know that little person similar to reading or as reading become their hobby. You need to know that reading is very important as well as books as to be the issue. Book is an important thing to include your knowledge, except your own personal teacher or lecturer. You find good news or updates in relation to something by book. Many kinds of books that you can take to be your object. One of them is this Self-Regulation in Early Childhood:

Nature and Nurture.

**Download and Read Online Self-Regulation in Early Childhood:
Nature and Nurture By Martha B. Bronson #IAV02UJ8BE7**

Read Self-Regulation in Early Childhood: Nature and Nurture By Martha B. Bronson for online ebook

Self-Regulation in Early Childhood: Nature and Nurture By Martha B. Bronson Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Self-Regulation in Early Childhood: Nature and Nurture By Martha B. Bronson books to read online.

Online Self-Regulation in Early Childhood: Nature and Nurture By Martha B. Bronson ebook PDF download

Self-Regulation in Early Childhood: Nature and Nurture By Martha B. Bronson Doc

Self-Regulation in Early Childhood: Nature and Nurture By Martha B. Bronson Mobipocket

Self-Regulation in Early Childhood: Nature and Nurture By Martha B. Bronson EPub