

### **Color Therapy: An Anti-Stress Coloring Book**

By Cindy Wilde, Laura-Kate Chapman, Richard Merritt



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From the Bestselling international coloring book series. Color can be therapeutic, and creating beautiful art is a soothing and stress-relieving activity. Choose any color section from the book and complete the stunning illustrations to lift your mood and focus your mind.

Even amateur artists can create something exquisite, as no drawing skills are required.



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#### **Editorial Review**

About the Author

Cindy Wilde, Laura-Kate Chapman, and Richard Merritt are artists living in the UK.

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